








DISTRICT 56 HEALTH REMINDERS

I NEED TO STAY HOME FROM SCHOOL IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL
						
Temperature of 100 degrees F or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching and/or pus that drains from the eye	Hospitalization and/or visit to the emergency room.

I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free without the assistance of medication for 24 hours (i.e. Tylenol, Advil, Motrin)	Free from vomiting for 24 hours.	Free from diarrhea for 24 hours	Free from rash, itching or fever. and/or evaluated by my medical provider and cleared to return to school	Treated with appropriate lice treatment at home and am lice free.	Free from symptoms and/or evaluated by my medical provider and received treatment	Released by my medical provider to return to school
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- Please report your child's absence to their school's attendance line; include symptoms (fever, vomiting, rash...) and medical provider information if available.
- If your child has a contagious illness that requires medication, he/she should stay home until the medication has been given for at least 24-48 hours and your medical provider has given permission for your child to return to school. We encourage you to seek medical attention when your child is sick and to follow your health care provider's recommendations about returning to school and other activities.
- Any absence due to hospitalization or emergency room visit should be reported to the school nurse.