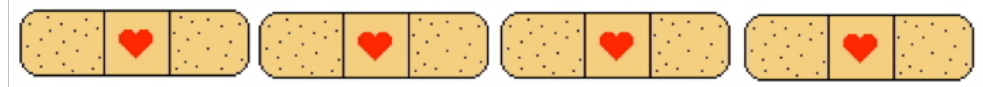


# Health Office Info



## State Mandated Exams

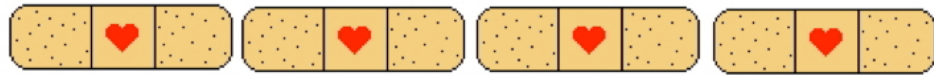
(state exam form must be used to comply)

Complete Physical: K, 6th, all sports

Dental Exam: K, 2nd, 6th

Vision Exam: K, and students coming to the district from out of state

\*Current immunization record & physical are required for admission



## Reasons to keep your child home:

- If it has been less than 24 hours since the last bout of diarrhea, vomiting, fever over 100°f, beginning an antibiotic, or any other contagious health condition. Must be free of these symptoms without the use of acetaminophen, ibuprofen, etc.
- If your child has yellow or green nasal drainage.
- If your child has an undiagnosed skin rash.
- If your child has nits remaining in the hair after lice treatment.
- If your child has physician direction to stay home.

**If your student will be absent from school, you must contact the school's attendance line before 9:00AM. This automated service is available 24 hours a day. Please state the following:**

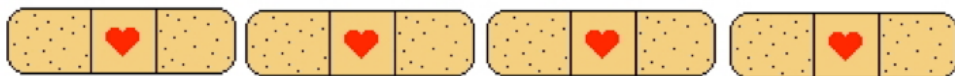
- Child's first and last name
- Child's grade and teacher
- Specific reason for absence

**Spaulding Attendance Line: 847.249.7165**

**Prairie Trail Attendance Line: 847.249.7166**

**Viking Attendance Line: 847.263.4000**

**River Trail Attendance Line: 847.336.5652**



Gurnee School District 56 Health Services make a difference in the lives of children every day. Licensed School Nurses promote optimal health for the school community through the implementation of professional nursing skills, evidence-based practices, and the development of personal health management. As collaborative members of Gurnee District 56, we encourage students to be responsible, productive, respectful, and safe citizens.

The school health office reserves the right to determine whether or not a student may remain in or be admitted to school. Please consult the District 56 Parent/Student Handbook for more detailed information on our health policies and procedures.

As active participants in your child's development and growth, you can best support his/her efforts by ensuring that your child receives sufficient sleep and has a healthy breakfast each morning. Thank you for helping us to keep our schools a healthy place to learn and grow.

### Spaulding School

Jody Huntley, RN, PEL-CSN  
Health Office: 847.505.1623  
Fax: 847.249.6262  
[jhuntley@d56.org](mailto:jhuntley@d56.org)

### Prairie Trail School

Joan Brumm, RN, PEL-CSN  
HealthOffice: 847.505.1703  
Fax: 847.336.1110  
[jbrumm@d56.org](mailto:jbrumm@d56.org)

### Viking School

Laura Liphardt, RN, PEL-CSN  
Health Office: 847.505.1823  
Fax: 847.240.0719  
[lliphardt@d56.org](mailto:lliphardt@d56.org)

### River Trail School

Karilyn Gagliardo, RN, PEL-CSN  
Health Office: 847.505.1763  
Fax: 847.623.4456

# Frequently Asked Questions

**How do I excuse my child from gym class?** Parents may excuse their student for up to 3 days with a written note. Additional exclusion requires a physician note.

**When do you give that “special” talk?** The Puberty Presentation focuses on body changes and hygiene and is given in the spring to 5th grade students by the school nurse.

**Who needs a sports physical?** A sports physical dated within the past year is required for after-school sports for 6th, 7th, & 8th grade students.

**Head Lice?** Classrooms are routinely checked when a case is discovered. All nits must be removed before a student can return to school. Wearing hair “up” is highly recommended.

**Can I send medication to school with my child?** Please do **NOT** send any medicines, including over-the-counter types with your child. **ALL** medications require a doctor's order, even non-prescription varieties. Please contact your school nurse to discuss your child's medical needs.

## Reasons to contact the school nurse:

- If vomiting, diarrhea, or fever or 100°F persists more than 2 days.
- A physician diagnoses a contagious condition such as strep, pink eye, mono, impetigo, chicken pox, or contagious skin rashes.
- When your child has been treated for head lice.
- When your child will be temporarily cared for by another adult.
- When your contact information changes, including emergency contact.
- If you have any questions about your child's immunizations or health record.
- If you need a physical, medication, vision, or dental form to bring to a scheduled exam.

# Student Health Services

## Vision and Hearing Screening



- Vision Screening: PK, 2, 5, 8
- Hearing Screening: PK, K, 1, 2, 3, 5
- Vision & Hearing: New & Sp. Ed.

## Dental Exams

Annual visits by Mobile Dentists  
(application required)

- Exams & Cleaning All grades
- Fluoride
- Sealants



## Individual Health Plans

Created by school nurse for students with:

- Significant medical concerns
- Life threatening medical conditions
- Medical condition requiring monitoring
- Medication management



## Student Medical Health Records

Maintained by school nurse for all students

- Immunization records
- State mandated physicals & exams
- Health history
- Comprehensive health history assessment for special education screening



*Maintaining a healthy environment for  
District 56 students to learn.*